



Coastal Counseling Center, PC

417 North Battlefield Boulevard, Suite 260

Chesapeake, Virginia 23320

757-436-0605 (Phone)

757-436-0023 (Fax)

Coastal Counseling is able to send appointment reminders by using text messages and/or email, which will replace the “personal” phone call reminders.

Please fill out the information below:

PATIENTS NAME: _____

Parent/Guardian Name (if minor): _____

_____ **YES – I would like to receive *Text Messages* for appointment reminders (2 days prior)**

_____ **YES – I would like to receive *Email Messages* for appointment reminders (2 days prior)**

_____ **NO – I would NOT like to receive *Text and/or Email Messages* for appointment reminders. (We will call)**

CELL # (Text Messages) _____

CELL PROVIDER _____

EMAIL ADDRESS _____

Signature

Date